The Functional PSYCHEDELICS MANIFESTO



By Jay Fiset

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This is not therapy. This is not ceremony.
This is the future of personal evolution.

We are the ones who look successful on paper...

But something inside us is whispering: there's more.



More aliveness.
More depth.
More truth.
More love.
More fucking soul.

We've tried ***mindset***.
We've read the ***books***.
We've done the ***coaching***.
We've journaled the ***gratitude***.

And yet — something still feels flat.

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Because this next chapter of life...

1. It's not about more productivity — it's about more presence.

2. Not about fixing what's broken — it's about revealing what's been waiting all along

3. We believe that transformation should be... functional. grounded. intentional. integrated.

> We are not here to escape.
> We are not here to "go on a trip."
> We are not here to appropriate.
> We are not here to follow someone else's script.

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We are here to bring sacred tools into real life:

To grieve **fully**
To love **deeply**
To forgive **honestly**
To awaken **unapologetically**
To create in **alignment**
To reclaim **intimacy**, **creativity**, **courage**, **purpose** — in a way that sticks

This is not so much about healing our past.
It's about being initiated into our next becoming.
This is a return to the sacred within the ordinary.

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Functional Psychedelics is where modern life meets ancient wisdom...

without dogma, without diagnosis, without needing to be “broken” to begin.

It’s a precision approach to personal evolution.

Built for "Healthy Normals" who are ready for an intentional shift.

Midlife. New love. Divorce. Death.
Empty Nest, Health crisis. Burnout.
Awakening. Soul-fire re-ignition.



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We meet the moment with medicine —

Consciously. Responsibly. Reverently.

We do the work in real time — not in escape.

We come back with truths we can walk with.

We are not ***patients***. We are ***pilgrims***.

We are ***guided***, not ***fixed***.

Held, not ***handled***.

Respected, not reduced to ***protocols.***



We trust our intuition as much as the science.

We honor the medicine and the map.

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We see our life — and our relationships — as the real integration container.

This is a ***movement***. A ***method***. A ***remembering***.

- We claim our right to explore consciousness outside of clinical coldness and beyond borrowed ceremonies.
- We honor lineage — and we also evolve practice.
- We walk the middle path with care, clarity, and conviction.
- We are creating a new lane.
- An alternative method.
- A sacredly modern path.

We call it:

Functional Psychedelics



And this is just the **beginning**.

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